



JOURNEY CLINIC

Thank you for your interest in our weight loss surgery program! If you would like to view more information about our clinic or weight loss surgery, we encourage you to visit us online at www.journeyclinic.com. Feel free to view our online seminar or attend one of our live seminars. Please feel free to contact us if you have any questions 405-735-2049.

You can use the following checklist to help get started:

- View our seminar
- Complete attached Weight Loss Surgery Patient Packet and submit
- Submit legible copy of the front and back of your insurance card(s)
- Submit legible copy of picture id

Feel free to mail or drop off the completed information at our office location:

3400 W. Tecumseh Rd Ste 105
Norman, OK 73072

or Email: journeyclinic@nrh-ok.com

or Fax 405-307-5630

To find out more information, visit us online at www.journeyclinic.com
3400 W. Tecumseh Ste 105 Norman, OK 73072•405-735-2049

PATIENT REGISTRATION

Last Name _____ First Name _____ MI _____
Address _____ City/State _____ Zip _____
Home Phone _____ Cell Phone _____ Work Phone _____
Physician you normally see _____ Physician who referred you _____
Date of Birth ___/___/___ Sex: M F Marital Status _____ Social Security No. _____
Employer: _____ City/State _____ Zip _____

RESPONSIBLE PARTY OR INSURED (If different than patient)

Guarantor Name: _____ Phone _____ Cell _____
Mailing Address: _____ City/State _____ Zip _____
Social Security No. _____ Date of Birth _____
Employer: _____ City/State _____ Zip _____ Relationship to Patient: _____

INSURANCE INFORMATION

Primary Insurance _____ Group _____
Insurance Address _____ Policy I.D. _____
Insured's Relationship to Patient _____ **IF NOT SELF, FILL OUT INFORMATION FOR RESPONSIBLE PARTY ABOVE**

Secondary Insurance _____ Group _____
Insurance Address _____ Policy I.D. _____
Insured's Name _____ Relationship to patient _____
Insured's date of birth _____ Insured's Employer _____

Tertiary Insurance _____ Group _____
Insurance Address _____ Policy I.D. _____
Insured's Name _____ Relationship to patient _____
Insured's date of birth _____ Insured's Employer _____

EMERGENCY CONTACT (Not living with patient)

Name _____ Relationship _____
Home Telephone No. _____ Work Telephone No. _____

Primary Pharmacy _____ City/State _____ Zip _____
Secondary Pharmacy _____ City/State _____ Zip _____

Your Email: _____ Can we leave a message on your home phone? Y N
Can we leave a message on your cell phone? Y N

Race: _____ Ethnicity: Hispanic or Non-Hispanic Primary Language: _____

(OVER)

AUTHORIZATIONS

CONSENT FOR TREATMENT: I agree and consent to the performance of diagnostic and therapeutic procedures deemed necessary by the patient's physician(s). I acknowledge that there are no guarantees, expressed or implied, as to the results of any procedures or medical treatment.

RELEASE OF INFORMATION: I authorize physicians providing services on behalf of the patient to release all billing and medical information (including information concerning substance abuse, communicable disease or non-communicable disease) to physicians or institutions providing follow-up care, the Social Security Administration, Medicare/Medicaid (or their various intermediaries), and the insurance company, health maintenance organization, employer, person acting on behalf of a preferred provider arrangement or third party named on this patient information form (or any of their agents or representatives), when such information is requested for payment, worker's compensation, utilization review, or coverage determination purposes. I understand that this authorization will remain in effect unless revoked by me in writing and delivered to this physician's office.

ASSIGNMENT OF INSURANCE: I authorize any insurance benefits to be paid directly to the physicians providing services to the patient, all benefits due, and payable as a result of services rendered.

FINANCIAL RESPONSIBILITY: I understand that the physician will file claims with all insurance carriers as a courtesy. However, I acknowledge and agree that, except as provided by law, and in consideration of the services provided, I will pay any charges which, for any reason, are not paid by any third party payer unless there is a specific written agreement between the physician, the patient and the payer.

MEDICARE PATIENTS: Medicare will pay only for services it determines to be "reasonable and necessary". If services that the physician has requested are denied for payment by Medicare, I agree to be personally and fully responsible for those charges.

ADVANCED DIRECTIVE: Do you have an Advanced Directive? YES NO

Would you like information regarding Advance Directives? YES NO

ACKNOWLEDGMENTS

ACKNOWLEDGMENT OF NOTICE OF PRIVACY PRACTICES: A complete description of how the patient's medical information will be used and disclosed by NRHS is in the "Notice of Privacy Practices". A copy has been provided to me in my registration packet and is posted in the clinical site. I have received and accepted a copy of NRHS "Notice of Privacy Practices". YES NO

Reason for refusal if "NO" _____

PATIENT RIGHTS: I have received a copy of "Your Medical Treatment Rights Under Oklahoma Law" and "General Information Concerning your Rights & Responsibilities". YES NO

TELEPHONE CONSUMER PROTECTION ACT (TCPA): You agree, by providing us with your landline or cell phone number(s), you give express authorization to be contacted at those numbers, as well as authorize such contact by our agents and assigns. This express authorization also applies to any landline or cell phone number(s) you may acquire in the future. We may also contact you by sending text messages or emails, using any email address you provide to us. Methods of contact may include using pre-recorded/artificial voice messages and/or use of an automatic dialing device, as applicable. Providing your phone number(s) is not a condition of receiving our services.

I have read this disclosure and agree that I may be contacted as described above.

Signature

Date

Certification: I hereby certify that I have read each of the above statements, that they are true and correct to the best of my knowledge and I have had each item explained to me to my satisfaction. I further certify that I am the patient or duly authorized by the patient to accept the sign the agreement and accept its terms. A photocopy has the same effect as the original.

Signature of patient/Guarantor/Authorized Person

Relationship

Date Signed

**STANDARD AUTHORIZATION TO USE OR SHARE PROTECTED HEALTH INFORMATION
(PHI)**

I. PATIENT INFORMATION (PERSON WHOSE INFORMATION WILL BE SHARED)

Name	Date of Birth
_____	_____
Address	City / State / Zip
_____	_____
Area Code & Telephone Number	

II. SCOPE & PURPOSE FOR SHARING INFORMATION

I understand protected health information is information that identifies me. The purpose of this authorization is to allow Norman Regional Health System's owned clinics and the physicians employed within to share my protected health information.

III. AUTHORIZATION & INFORMATION TO BE SHARED

I authorize Norman Regional Health System's owned clinics and the physicians employed within to share my protected health information for reasons in addition to those already permitted by law.

A. PERSONS/ORGANIZATIONS AUTHORIZED TO RECEIVE MY INFORMATION:

<u>(Name, Address, Phone & Fax)</u>	<u>Relationship</u>	<u>Purpose</u>

B. INFORMATION TO BE SHARED:

1. CHECK ONE OR MORE OF THE BOXES BELOW:

- Entire Medical Record (includes all records except Psychotherapy Notes)
- Psychotherapy Notes
- Mental Health Records
- History and Physical
- Operation Report(s)
- Pathology Report
- Consultation Report(s)
- Discharge Summary
- Progress Notes
- Laboratory Report(s)
- Radiology Report(s)
- EKG Reports
- Radiology Films
- Alcohol or Drug Abuse Records
- Physician's Orders
- Other

2. COVERING SERVICES BETWEEN _____ AND _____ (Insert either date(s) or "all")

IV. EXPIRATION & REVOCATION

A. THIS AUTHORIZATION WILL EXPIRE: (MUST CHOOSE ONE)

- 3 years after last office encounter
- Other (insert date or event): _____

B. RIGHT TO REVOKE

I understand I may change this authorization at any time by writing to the address listed at the bottom of this form. I understand I cannot restrict information that may have already been shared based on this authorization.

V. ACKNOWLEDGEMENTS & SIGNATURES

A. ACKNOWLEDGEMENTS

- 1. I understand this authorization is voluntary and will not affect my eligibility for benefits, treatment, enrollment, or payment of claims.
- 2. I understand if the person/organization authorized to receive my protected health information is not a health plan or health care provider, privacy regulations may no longer protect the information.
- 4. I understand I may inspect or obtain a copy of the protected health information shared under this authorization by sending a written request to the address listed at the bottom of the form.
- 5. I understand Norman Regional employed physicians/advance practice nurses/physician assistants are members of Oklahoma Physician Health Exchange (OPHX), and my provider may utilize an electronic network to exchange my protected health Information with other providers unless I choose not to participate.
- 6. I acknowledge information authorized for release may include records which may indicate the presence of a communicable or non-communicable disease.

B. SIGNATURE

This document must be signed by the individual or the individual’s legal representative.

Signature (Patient or Legal Representative)	Date
Printed Patient or Legal Representative Name	Capacity of Legal Representative (if applicable)

Norman Regional Health System’s Owned Clinics

- | | |
|---|---|
| <ul style="list-style-type: none"> Blanchard Family Medicine Diabetes & Nutrition Education Endocrinology Associates Family Medicine – Findlay Family Medicine – Moore Family Medicine – Noble Family Medicine – South OKC Family Medicine at Doctor’s Park Heart Plaza Imaging Infectious Disease Miles Family Medicine Moore Care for Women Moore Pediatrics | <ul style="list-style-type: none"> Neurology Associates Newcastle Family Medicine Norman Heart & Vascular
Family Medicine– HPX NRHS Internal Medicine Assoc P&S NRHS Journey Clinic NRHS Surgical Associates Oklahoma Sleep Associates Primary Care – Waterview Primary Care – West Norman Pulmonary Clinic at Medical Plaza Rheumatology Associates The Pulmonary Clinic |
|---|---|



Journey Clinic
3400 W. Tecumseh Rd
Ph: 405-735-2049
Fax: 405-307-5630

Patient Name: _____ DOB: _____

CONTRACT FOR CONTROLLED SUBSTANCE PRESCRIPTIONS

Controlled substance medications (narcotics, tranquilizers, barbiturates, benzodiazepines, etc.) can be very useful but they have a potential for misuse or abuse. Therefore, they are closely controlled by local, state and federal government. Prescribers review the Oklahoma Prescription Monitoring Program in accordance with Oklahoma state law.

The use of controlled substance medication is to help reduce discomfort, improve function, ability to work or carry out daily living activities. They may not totally alleviate your pain.

When and if the provider prescribes any such medication to help manage your pain, you agree to the following:

1. To be honest with the provider as to your medication use.
2. You are responsible for controlled substance medications. If medication is lost, misplaced, stolen or you have used more than prescribed, a new prescription will **NOT** be provided earlier than the original refill date.
3. **DO NOT** increase your medication. Any uncontrolled pain should be communicated with the provider.
4. While under the care of the provider, you will not try to obtain controlled substance medications from any other physician(s). This may endanger your health and be unlawful.
5. Refill requests for controlled substance medications will be accepted during regular office hours NO refills will be available during evenings and weekends. The Provider's nursing staff will be available to assist your medication needs during regular office hours.
6. Patients found misusing their medications or filling pain medications from any other provider, may be discharged from the provider's care.
7. Patients will be held accountable to follow up appointments with the provider or pain medication will not be refilled.
8. Patients could be asked to do random drug screen if the provider feels necessary. If patient declines pain medication will not be refilled.
9. Patient agrees to use designated pharmacy for controlled medications.

I have received and read the "Contract for Controlled Substance Prescriptions" and I agree to the terms and conditions.

Patient Signature: _____ Date: _____

Review of Systems

The following information is very important to your health.
Please take time to fully and completely fill out this important information.

Patient Name: _____ Date of Birth: _____

Primary Care Physician: _____ Referring Physician: _____

Reason for Visit Today: _____ Physician you are seeing: _____

Review of Systems: (please mark all that apply to you)

Systemic

- Weakness
- Tiredness
- Weight Loss
- Weight Gain
- Trouble Sleeping
- Fever

Eyes

- Blurred Vision
- Glasses/Contacts

Ears/Nose/Mouth

- Difficulty Hearing
- Ringing in Ears
- Recurrent Infection
- Sinus Problems
- Nose Bleeds
- Post Nasal Drip
- Mouth Sores
- Bleeding Gums
- Sour Taste
- Bad Breath

Throat

- Lump in Throat
- Hoarseness
- Swollen Glands
- Sore Throat
- Difficulty Swallowing

Cardiac

- Chest Pain
- Chest Tightness
- Heart Palpitations
- Swollen Feet/Ankles

Respiratory

- Cough
- Snoring
- Difficulty Breathing
- With Walking
- Climbing Stairs
- Laying Flat

Gastrointestinal

- Abdominal Pain
- Bloating
- Excessive Gas
- Loss of Appetite
- Nausea
- Vomiting
- Problems Swallowing
- Heartburn
- Blood in Stool
- Constipation
- Diarrhea
- Mucous in Stool
- Pain in Rectum
- Jaundice
- Change in Appetite

Skin/Breast

- Cyst in Breast
- Lump in Breast
- Breast Pain
- Rash
- Hives
- Lesion, Mole
- Itching
- Change in Skin Color
- Change in Nails
- Change in Hair

Hematologic

- Slow Healing
- Easy Bruising
- Swollen Glands
- Varicose Veins

Neurologic/Psych

- Dizziness
- Seizures
- Numbness
- Frequent Headaches
- Depression
- Anxiety

Endocrine

- Excessive Thirst
- Heat Intolerance
- Cold Intolerance

Gynecologic-Women

- Irregular Periods
- Heavy Periods
- Painful Periods
- No Periods

Genitourinary

- Frequent Urination
- Painful Urination
- Blood in Urine
- Dark Urine
- Urine Leakage
- Nighttime Urination

Musculoskeletal

- Pain in Joints
- Back Pain
- Difficulty Walking

Patient Name: _____

Date of Birth: _____

Surgical History: (Please mark if any applies to you)

- | | | |
|---|---|--|
| <input type="checkbox"/> Abdominal | <input type="checkbox"/> Hernia | <input type="checkbox"/> Spine Surgery |
| <input type="checkbox"/> Appendectomy | <input type="checkbox"/> Abdominal | <input type="checkbox"/> Thyroid Surgery |
| <input type="checkbox"/> Breast Surgery | <input type="checkbox"/> Groin | <input type="checkbox"/> Tonsillectomy |
| <input type="checkbox"/> Colon Surgery | <input type="checkbox"/> Hiatal | <input type="checkbox"/> Tubal |
| <input type="checkbox"/> C-Section | <input type="checkbox"/> Hysterectomy | <input type="checkbox"/> Weight Loss Surgery |
| <input type="checkbox"/> Gallbladder | <input type="checkbox"/> Joint Surgery | <input type="checkbox"/> Gastric Bypass |
| <input type="checkbox"/> Groin | <input type="checkbox"/> Lung Surgery | <input type="checkbox"/> Sleeve Gastrectomy |
| <input type="checkbox"/> Heart Bypass | <input type="checkbox"/> Open Heart Surgery | <input type="checkbox"/> Switch |
| <input type="checkbox"/> Heart Cath | <input type="checkbox"/> Prostate Surgery | <input type="checkbox"/> Adjustable Gastric Band |
| <input type="checkbox"/> Neck Surgery | Other: _____ | <input type="checkbox"/> Other |

Past Medical History: (Please mark all that apply to you)

- | | | |
|--|---|---|
| <input type="checkbox"/> Heart Valve Problems | <input type="checkbox"/> Asthma | <input type="checkbox"/> Gallstones |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Cirrhosis of liver |
| <input type="checkbox"/> Congestive Heart Failure | <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Hepatitis |
| <input type="checkbox"/> Coronary Heart Disease | <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Fatty liver |
| <input type="checkbox"/> Peripheral Vascular Disease | <input type="checkbox"/> Sleep Apnea | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Leg Swelling or Ulcers | <input type="checkbox"/> Pulmonary Hypertension | <input type="checkbox"/> Depression |
| <input type="checkbox"/> HIV | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Gastroesophageal Reflux |
| <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> Laryngopharyngeal Reflux |
| <input type="checkbox"/> Stroke/Mini-stroke | <input type="checkbox"/> Degenerative Disc Disease | <input type="checkbox"/> Peptic/Stomach ulcer |
| <input type="checkbox"/> High Cholesterol/Lipids | <input type="checkbox"/> Gout | <input type="checkbox"/> Crohn's disease |
| <input type="checkbox"/> High Triglycerides | <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Colitis |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Pancreatitis |
| <input type="checkbox"/> Pre-diabetes | <input type="checkbox"/> Enlarged Prostate | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Metabolic Syndrome | <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> Bipolar disorder |
| <input type="checkbox"/> Chronic Sinusitis | <input type="checkbox"/> Kidney insufficiency/failure | <input type="checkbox"/> Schizophrenia |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Thyroid Disorder | <input type="checkbox"/> Blood Clots |
| <input type="checkbox"/> Vitamin Deficiency | <input type="checkbox"/> Pituitary Disorder | <input type="checkbox"/> _____ in legs |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Adrenal Disorder | <input type="checkbox"/> _____ in lungs |
| <input type="checkbox"/> Hemophilia | <input type="checkbox"/> Polycystic Ovaries | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Hernia | <input type="checkbox"/> Tuberculosis | Type: _____ |
| <input type="checkbox"/> Hiatal | | Type: _____ |
| <input type="checkbox"/> Abdominal | | Type: _____ |
| | | Type: _____ |

Patient Name: _____

Date of Birth: _____

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Social History : (please mark all that apply to you)

Marital Status: ___ Single ___ Married ___ Divorced ___ Widowed

Work History: ___ Student ___ Self-Employed ___ Employed ___ Unemployed ___ Disabled ___ Retired

Is this a result of a Work Injury ? ___ No ___ Yes If Yes: Adjustor Name/Address: _____
Phone: _____

Living Status: ___ Live Alone ___ Live with someone

Exercise: ___ Daily ___ Occasionally ___ Rarely ___ Never

Caffeine use: ___ Coffee ___ Tea ___ Energy Drinks ___ Soda ___ Total cups (8oz) per day

Tobacco Use:

Do you use tobacco/nicotine? ___ Never ___ Currently ___ Previously Date quit? _____

If currently, what type: ___ Cigarettes ___ Cigars ___ Vapor ___ Oral tobacco

If currently, how often is your use ? ___ Everyday ___ Some days, but not every day ___ Socially

How many cigarettes/cigars do you smoke a day ? ___ 5 or less ___ 6-10 ___ 11-20 ___ 21-30 ___ 31 or more

After waking, when do you smoke your first cigarette?
___ within 5 minutes ___ 6-30 minutes ___ 31-60 minutes ___ after 60 minutes

Are you interested in quitting? ___ Ready to quit ___ Thinking about quitting ___ Not ready to quit

Alcohol Use:

Did you have a drink containing alcohol in the past year ? ___ Yes ___ No

If yes, how often did you have a drink containing alcohol in the past year ?
___ 2 to 4 times a month ___ 2 to 3 times a week ___ 4 or more times a week

If yes, how many drinks did you have on a typical day when you were drinking in the past year ?
___ 1 to 2 drinks ___ 3 to 4 drinks ___ 5 to 6 drinks ___ 7 to 9 drinks ___ 10 or more

If yes, how often did you have 6 or more drinks on one occasion in the past year ?
___ Never ___ Less than monthly ___ Monthly ___ Weekly ___ Daily or almost daily

Recreational Drug Use:

Have you used drugs for other than medical reasons in the past 12 months? ___ Yes ___ No If yes, type _____

Have you ever used street drugs ? ___ Never ___ Currently ___ Within last 12 months ___ IV use ___ Oral use

Patient Name: _____

Date of Birth: _____

Family History: (complete to the best of your knowledge)

___ I am adopted and do not know my family medical history

<u>Father</u>	<u>Mother</u>	<u>Siblings</u>	<u>Children</u>
___ Living	___ Living	___ Living	___ Living
___ Deceased	___ Deceased	___ Deceased	___ Deceased
___ bleeding disorders	___ bleeding disorders	___ bleeding disorders	___ bleeding disorders
___ breast cancer	___ breast cancer	___ breast cancer	___ breast cancer
___ colon cancer	___ colon cancer	___ colon cancer	___ colon cancer
___ diabetes	___ diabetes	___ diabetes	___ diabetes
___ heart disease	___ heart disease	___ heart disease	___ heart disease
___ high blood pressure	___ high blood pressure	___ high blood pressure	___ high blood pressure
___ lung disease	___ lung disease	___ lung disease	___ lung disease
___ ovarian cancer	___ ovarian cancer	___ ovarian cancer	___ ovarian cancer
___ prostate cancer	___ prostate cancer	___ prostate cancer	___ prostate cancer
___ thyroid disorder	___ thyroid disorder	___ thyroid disorder	___ thyroid disorder

Previous Exams: (list most recent date obtained)

<u>Exam Type</u>	<u>Yes / Year</u>	<u>Facility</u>	<u>Never</u>
Complete Physical			
Bone Density Scan			
Stress Test			
Heart Catherterization			
Upper Endoscopy			
Colonoscopy			
Prostate Exam			
Pap Smear			
Mammogram			

Patient Name: _____

Date of Birth: _____

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Preferred Pharmacy you use: _____

Current medications: (Please include non-prescription medications, vitamins, supplements, creams, eye drops and inhalers)

<u>Medication Name:</u>	<u>Dosage:</u>	<u>Times taken daily:</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

<u>Medication allergies:</u>	<u>Reaction:</u>
_____	_____
_____	_____
_____	_____

<u>Food allergies:</u>	
_____	_____
_____	_____
_____	_____

Latex allergy: ___ Yes ___ No

Height: _____ Weight: _____

**The questions on this form have been accurately answered to the best of my knowledge.
I understand that providing incorrect information may be dangerous to my health.
It is my responsibility to inform the doctor's office of any changes in my medical status.**

Patient Signature _____ Date: _____

Relationship to Patient (circle one): Self Parent Guardian POA

FOR OFFICE USE ONLY:

Physician's statement: I have reviewed the information and made additions or corrections as necessary.

Physician Signature: _____ Date: _____



JOURNEY CLINIC

BARIATRIC SUPPLEMENTAL QUESTIONNAIRE

The following information is very important to your health. Please take time to fully and completely fill out this important information.

Last Name: _____ First Name: _____ DOB: ___/___/___

HEALTH CARE PROVIDERS

Please list all providers for the past five years including Specialist and Mental Health

		MAY WE CONTACT?
PHYSICIAN NAME:		
ADDRESS:		YES NO
PHONE NUMBER:		
TYPE OF PROVIDER:		
PHYSICIAN NAME:		
ADDRESS:		YES NO
PHONE NUMBER:		
TYPE OF PROVIDER:		
PHYSICIAN NAME:		
ADDRESS:		YES NO
PHONE NUMBER:		
TYPE OF PROVIDER:		
PHYSICIAN NAME:		
ADDRESS:		YES NO
PHONE NUMBER:		
TYPE OF PROVIDER:		

WEIGHT LOSS ATTEMPTS

Please Record all previous weight loss attempts, diets, etc.

PROGRAM	PROGRAM DATES	WEIGHT LOSS	WEIGHT REGAINED	HOW LONG TO REGAIN	PHYSICIAN SUPERVISED Y/N	DIETITIAN SUPERVISED Y/N
WEIGHT WATCHERS						
JENNY CRAIG						
HIGH PROTEIN/LOW CARB (ATKINS, SOUTHBEACH)						
NUTRI-SYSTEM						
OVER THE COUNTER DIET PILLS						
PHENTERMIN (ADIPEX, FASTIN, ETX)						
FENFLURAMINE/PHENTERMINE FEN/PHEN						
MERIDIA OR XENICAL						
SLIMFAST OR SIMILAR						
HYPNOSIS, JAW WIRING, ACUPUNCTURE, EAR STAPLING						
OTHERS (LIST)						

FUNCTIONAL STATUS

Circle your highest level of functioning.

Walk without assistance

Walk a block with assistance (cane/walker)

Walk around house with assistance (cane/walker)

Require wheelchair

Bedridden

SLEEP QUESTIONNAIRE

Check all that apply

I have been told that I snore

I have been told that I stop breathing while I sleep

I suddenly wake up unable to breathe

I frequently toss and turn during sleeping hours

I don't feel well rested when I wake up

I frequently take naps during the day

I feel fatigued/tired during the day

I have difficulty with long periods of concentration

I suffer from morning headaches

I have problems with memory loss

My family and friends say that they have noticed that I am more irritable

FACTORS THAT HAVE CONTRIBUTED TO NOT ACHIEVING WEIGHT LOSS

Check all that apply

Lack of Exercise

Eating Sweets

Binge Eating

Eating Large Quantities

Stress Eating

Food Addictions

Eating Carbohydrates

Eating Out

Snacking

Grazing

Patient statement: I have completed this form as accurately as possible. All of the information contained in this history form is accurate and complete to the best of my knowledge. I understand if any changes occur I am responsible for notifying my physician of these changes, as it may have an impact on my health.

Signature of patient

Date completed

Seminar Questionnaire

Name: _____

DOB: _____

Last Physician Recorded: Height _____ Weight: _____ BMI: _____

CIRCLE if you are currently being **TREATED** for:

High Blood Pressure	High Cholesterol
Diabetes	Arthritis of the weight bearing joints
Sleep Apnea	Degenerative Disc Disease

HAVE you been a part of a weight loss surgery program in the past? YES NO

Name of Program: _____

HAVE you previously had weight loss surgery? YES NO

Type: _____ Date: _____

May we contact your insurance company to predetermine benefits for weight loss surgery?

YES

NO

Which procedure would you like to pursue?

Gastric Bypass

Sleeve Gastrectomy

Adjustable Gastric Band

_____ I have watched the complete Weight Loss Surgery Seminar series on Journey Clinic's website.

Initials

Patient Signature: _____

Date: ____ / ____ / ____

